

# Whitfield Recovery and Wellness Center

900 Shugart Rd.; Dalton, Georgia | Adult services (706) 270-5100 Children's services (706) 270-5047



**To schedule an appointment, call Highland Rivers Health toll-free at: (800) 729-5700 (Note this is a non-emergency contact; calls received after-hours will be returned the next business day.)**

**If you need crisis services after hours or on weekends and are not yet enrolled in Highland Rivers Health services, call the Georgia Crisis and Access Line: (800) 715-4225.**

## Whitfield Recovery and Wellness Center

Highland Rivers Health provides a variety of treatment programs and services to meet your individual needs and recovery goals. We work with you to design a treatment program that is right for you and helps you succeed. Our services include:

- **Primary mental health care for adults and children**  
Services include individual, family and group counseling; crisis intervention; screening and assessment; education and skills training; linkage and referral; medication maintenance and monitoring; community transition support and more.
- **Substance use and addiction recovery**  
Services include individual, family and group counseling and support, and education and referral.
- **Substance Abuse Intensive Outpatient Program (SAIOP)**  
A three-phase program to help individuals manage day-to-day living without the use of drugs, alcohol or other substances.
- **Peer and recovery supports**  
Services include peer support and counseling, supported employment and wellness groups.
- **Community support services**  
Medium-intensity community based services customized to the individual needs of a consumer.
- **Intensive case management**  
Community-based mental health treatment services and supports for individuals with severe mental illness.
- **AIM**  
Appalachian Integrated Mission (AIM) Health provides primary healthcare services at the Whitfield clinic.



Highland Rivers' crisis stabilization units are located in Floyd, Polk and Whitfield counties. We also provide residential substance abuse treatment in Pickens County for men and Floyd County for women.



When you call Highland Rivers the first time, a member of our team will take your information (name, birthdate, problems you are experiencing, etc.) and schedule an appointment.

Highland Rivers designs an individual treatment program for every person we see. In order to develop the best treatment program for you, your initial appointments will focus on assessing your needs and goals for recovery.

At your first appointment, you will meet with a professional clinician for a clinical health assessment. You will also be scheduled to see a doctor or nurse practitioner for a diagnostic assessment (a nursing assessment might also be scheduled if needed). You will then be scheduled for regular visits with your clinician and for other services based on your needs.

## Payment

During your first appointment, Highland Rivers will work with you on a financial assessment. We accept Medicaid, Medicare, self-pay and most types of commercial insurance. We also contract with the VA for veterans who need our services. If you do not have the ability to pay or do not have insurance, you may be eligible for a sliding fee scale or state-contracted services.

**Highland Rivers Health makes every effort to see anyone that comes into our clinics without an appointment on a first-come first-served basis. Because our counselors also see people who have scheduled appointments, you may experience some wait when you come in without an appointment, but you will be seen.**